

***3.3.3 Number of extension and outreach programs conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., and/or those organised in collaboration with industry, community and NGOs during the Ac. Yr. 2023-24***

**NSS Activities for the Academic year 2023–2024**

S.No.	Date	Name of the Event	Location	No. of Students
1	07.08.2023	Purple heart day & tribute to Tagore Ji	VIPER	25
2	11.08.2023	Saplings of plants	VIPER	10
3	13.08.2023	World organ donation day	VIPER	30
4	15.08.2023	Independence Day	VIPER	30
5	18.08.2023	NSS Pledge & book donation	Govt. school, Ramachandrapur	20
6	24.08.2023	Harithaharam	Narsapur	10
7	25.08.2023	Unemployment survey	Ramachandrapur	20
8	29.08.2023	National sports day	Kurnool	30
9	05.09.2023	Teacher's day	VIPER	30
10	08.09.2023	World literacy day	Tuljaraopet	10
11	14.09.2023	Awareness on self defense	Vishnu High School	10
12	25.09.2023	Blood donation camp	VIPER	20
13	25.09.2023	Health awareness rally	Narsapur	50
14	01.10.2023	Shramdaan for swachchata hi seva	Tuljaraopet	10
15	10.10.2023	World mental health day	VIPER	10
16	13.10.2023	Meri maatimeradesh	VIPER	10
17	17.10.2023	Innovation day	VIPER	20
18	31.10.2023	National Unity Day (Rashtriya Ekta Divas)	VIPER	30
19	06.11.2023	Awareness on VIPASSANA meditation	VIPER	60
20	07.11.2023	World cancer awareness day	VIPER	10
21	11.11.2023	National Education Day	Tuljaraopet	10
22	18.11.2023	Voting Pledge	VIPER	30

23	22.11.2023	Medical camp	Avancha	30
24	23.11.2023	Patient counseling programme	Govt. Hospital, Narsapur	10
25	24.11.2023	Disease awareness programme	Girls Govt. school, Narsapur	10
26	26.11.2023	Constitution day	VIPER	30
27	06.12.2023	Awareness on cardio-pulmonary resuscitation (CPR)	VIPER	20
28	12.01.2024	National youth day	VIPER	40
29	24.01.2024	Natinal girl child day	Girls Govt. School, Narsapur	10
30	26.01.2024	Republic day	VIPER	30
31	28.02.2024	National science day	VIPER	10
32	08.03.2024	Women's day	VIPER	30
33	19.03.2024	Youth parliament festival	JNTUH	10
34	15.04.2024	Clean campus drive & Blood donation camp	JNTUH	10





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### **REPORT ON PURPLE HEART DAY & TRIBUTE TO TAGORE JI**

Date : 07.08.2023

Time : 03:30PM

VIPER organized a significant event to observe Purple Heart Day and honor the legacy of Rabindranath Tagore. The event commenced with a formal assembly attended by faculty and 25 students, where the significance of Purple Heart Day was highlighted. This day commemorates the sacrifices of military personnel who have been wounded or killed in combat. During the assembly, an oath-taking ceremony was conducted, where participants pledged to uphold the values of courage, resilience, and sacrifice, reflecting the spirit of Purple Heart recipients.

A special talk by Dr. A. Ramesh, Principal of VIPER, followed, where he emphasized the importance of remembering those who have made the ultimate sacrifice for the nation.

Dr. A.Ramesh also spoke on the profound influence of Rabindranath Tagore, highlighting his contributions to literature and philosophy. He encouraged the students to draw inspiration from both the bravery of soldiers and the wisdom of Tagore to shape a compassionate and intellectually enriched future.

The tribute to Tagore included readings of his poems, with students participating actively in the reflections. The event concluded on a note of collective remembrance and inspiration, fostering a sense of duty and cultural pride among the 25 students who participated. It was a meaningful occasion, blending honor with intellectual engagement.

  
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### **REPORT ON SAPLINGS OF PLANTS**

Date : 11.08.2023

Time : 03:00PM

On 11th August 2023, a group of 10 NSS volunteers participated in an environmental initiative at VIPER, focusing on planting saplings. This activity was part of the ongoing efforts to promote sustainability and create a greener, healthier environment.

The day began with an orientation session where the volunteers were briefed on the importance of planting saplings, the types of plants to be planted, and the best practices for maintaining them. The saplings chosen for this event included a variety of local species, well-suited to the region's climate and soil. The volunteers worked in groups to plant the saplings across various designated areas of the VIPER premises. Each group followed a structured process: digging appropriate holes, placing the saplings carefully, and ensuring that each plant received adequate water and nutrients. The volunteers also paid special attention to the spacing of the plants to ensure proper growth and airflow.

Throughout the activity, there was an emphasis on teamwork and learning. The volunteers worked efficiently and were keen to understand the long-term benefits of the plants they were planting, including enhancing air quality, promoting biodiversity, and contributing to environmental balance. The event concluded with a sense of accomplishment, knowing that the saplings planted would contribute positively to the local ecosystem in the years to come.

  
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**REPORT ON WORLD ORGAN DONATION DAY**

Date : 13.08.2023

Time : 01:00PM

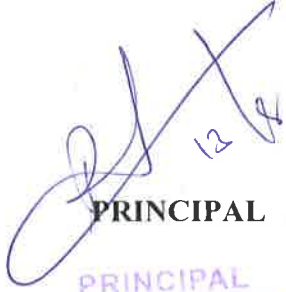
VIPER hosted an awareness campaign in observance of World Organ Donation Day. A total of 30 NSS volunteers actively participated in spreading awareness about the importance of organ donation and its life-saving potential.

The day began with a brief session where the volunteers were educated on the significance of organ donation, the myths and facts surrounding it, and the process involved. The goal of the campaign was to encourage people to make informed decisions about organ donation and to increase the number of registered donors. Volunteers also engaged in one-on-one interactions with students and staff, answering questions and addressing concerns. Informative posters and banners were displayed throughout the campus to further promote the cause.

The students are motivated and presented some organ models. Later, the models are evaluated by principal Dr.A.Ramesh and all HoD's. The event concluded with a small debriefing, where volunteers reflected on the success of the campaign and the importance of continuing to promote organ donation awareness.

  
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**REPORT ON INDEPENDENCE DAY**

Date : 15.08.2023

Time : 09:00AM

VIPER College celebrated India's 77th Independence Day with great enthusiasm and patriotism on 15th August 2023. The event was marked by a ceremonial flag hoisting, followed by a series of activities that highlighted the importance of the day. The celebration was attended by Principal Dr. A. Ramesh, faculty members, and 30 enthusiastic NSS volunteers.

The program began with the hoisting of the national flag by Principal Dr. A. Ramesh, who addressed the gathering with an inspiring speech. He spoke about the sacrifices made by freedom fighters and the importance of upholding the values of freedom, unity, and integrity in the modern world. Dr. Ramesh emphasized the role of education in shaping responsible citizens who contribute to the growth of the nation. The NSS volunteers played an active role in organizing the event and assisting with the coordination of various activities. They performed patriotic songs and recited poems that evoked a sense of national pride among the attendees. The celebration was marked by a spirit of unity and patriotism, as students and faculty came together to remember the struggle for independence.

The event concluded with the National Anthem, followed by refreshments. The celebration served as a reminder of the sacrifices made by our ancestors and the importance of nurturing the values of freedom and equality in the present day. The day left an indelible mark on everyone present, fostering a renewed sense of patriotism and national pride.

  
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**REPORT ON NSS PLEDGE & BOOK DONATION DRIVE**

Date : 18.08.2023

Time : 03:30PM

On 18th August 2023, a special NSS initiative was organized at the Government School in Ramachandrapur Village. The event aimed to promote social responsibility and contribute to the educational development of the community. A total of 20 NSS volunteers, along with faculty members, participated in the event.

The program began with the NSS pledge, where all volunteers and staff members took an oath to serve the nation and society. The pledge was followed by a book donation drive, where a collection of books was donated to the school. The donated books, including textbooks, reference materials, and storybooks, were intended to support the school's educational resources and encourage reading among students.

The NSS volunteers coordinated the event and actively interacted with the students and staff, explaining the significance of the donation and the importance of education in shaping a brighter future. The staff members extended their gratitude to the volunteers for their contribution to the school's development. The event concluded with a vote of thanks and a promise from both the volunteers and school staff to continue working together for the betterment of the community. The book donation drive was a small but meaningful step in fostering a culture of learning and giving.

  
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**REPORT ON HARITHAHARAM**

Date : 24.08.2023

Time : 03:30PM

On 24th August 2023, the NSS unit of our college organized a successful "Haritha Haram" (Greenery Drive) at Narasapur Village. The event aimed to promote environmental awareness and contribute to the greening of the village by planting trees. A group of 10 NSS volunteers, along with faculty members, actively participated in this initiative.

The volunteers and staff members then gathered at designated areas in the village to plant saplings. A variety of plants, including fruit-bearing trees and ornamental plants, were planted in different locations across the village, including schools, community spaces, and roadsides. The NSS volunteers demonstrated their commitment to the cause by ensuring proper planting techniques and educating the local residents on the importance of nurturing these plants. The villagers showed great enthusiasm, with several joining the effort, creating a sense of community involvement.

The event concluded with a pledge to take care of the plants and ensure their growth. The success of this Haritha Haram initiative not only contributed to the beautification of Narasapur but also reinforced the importance of environmental stewardship among the community members.

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### **REPORT ON UNEMPLOYMENT SURVEY**

Date : 25.08.2023

Time : 03:00PM


On 25th August 2023, the NSS unit of our college conducted an "Unemployment Survey" in Ramachandrapur Village to assess the employment status and challenges faced by the local population. The survey aimed to understand the root causes of unemployment and provide insights for potential solutions. The initiative saw active participation from 20 NSS volunteers, along with faculty members, who worked together to carry out the survey effectively.

The team was divided into smaller groups and visited households across the village to collect data on employment patterns, education levels, and the availability of job opportunities. Volunteers interacted with the villagers, gathering information about their employment status, skills, and any challenges they faced in finding work. They also inquired about their interest in skill development programs and local job opportunities.

The survey revealed key insights into the areas where the village community could benefit from more educational and employment opportunities. Volunteers compiled the data, which will be analyzed and presented to local authorities for further action. The event concluded with a brief discussion on the importance of skill development and the role of youth in improving employment prospects in rural areas. The survey was an important step in understanding the socio-economic issues of the village and fostering community development.

  
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### **REPORT ON NATIONAL SPORTS DAY**

Date : 29.08.2023

Time : 09:00AM

On 29th August 2023, in celebration of National Sports Day, a group of 30 NSS volunteers from our college participated in the Sports Competition organized by Santhiram College of Pharmacy, Kurnool. The event marked a special occasion to honor the contributions of sports in fostering discipline, teamwork, and physical fitness. The competition brought together students from various institutions in the region, creating a spirited atmosphere of friendly rivalry.

The NSS volunteers, along with the Sports Incharge and faculty members, participated in several events, including athletics, team sports, and individual challenges. The volunteers exhibited excellent teamwork, dedication, and sportsmanship throughout the competition. The staff members were also supportive, encouraging the students to do their best. The victory in the championship was a testament to the collective effort and passion for sports shown by the participants.

The event concluded with a prize distribution ceremony, where the winning team was awarded the championship trophy, marking a memorable and successful National Sports Day celebration.

  
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**REPORT ON TEACHER'S DAY**

Date : 05.09.2023

Time : 01:30PM

On 5th September 2023, VIPER College celebrated Teacher's Day with great enthusiasm and respect, honoring the invaluable contributions of teachers in shaping the future of students. The event was attended by 30 NSS volunteers, students, and faculty members, creating a vibrant and appreciative atmosphere throughout the day. The celebration began with a special assembly where the students and NSS volunteers paid tribute to their teachers. The program included speeches, cultural performances, and heartfelt messages expressing gratitude towards the faculty for their dedication and hard work. The students shared their personal experiences, highlighting the impact their teachers had made on their academic and personal growth.

As part of the celebrations, the NSS volunteers organized several activities, including a quiz competition and a series of performances showcasing the talents of both students and staff. The event was marked by laughter, applause, and a sense of unity among the students and teachers. Principal Dr. A. Ramesh, in his address, expressed his gratitude to the teaching staff for their unwavering commitment to education and the development of students. He encouraged everyone to continue striving for excellence.

The event concluded with a vote of thanks and refreshments, leaving everyone with a renewed sense of appreciation for the teaching community at VIPER College.

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**REPORT ON WORLD LITERACY DAY**

Date : 08.09.2023

Time : 03:30PM


On 8th September 2023, the NSS unit of our college observed World Literacy Day in Tuljaraopet, aiming to raise awareness about the importance of education and literacy. A group of 10 NSS volunteers participated in this initiative, with the support of local residents and community leaders.

The event began with an awareness campaign, where volunteers distributed educational materials, including booklets and pamphlets, to highlight the significance of literacy in shaping a better future. The volunteers also interacted with the villagers, especially focusing on the importance of basic education, women's literacy, and the need for continuous learning in today's world. Volunteers assisted participants in improving their reading skills and encouraged them to read regularly. The event aimed to create a strong foundation for lifelong learning and development in the community. The volunteers, along with the villagers, pledged to work together in promoting literacy and ensuring that everyone has access to the power of education.

The World Literacy Day event left a lasting impact on the community, reinforcing the message of education as a key tool for empowerment.

  
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**REPORT ON BLOOD DONATION CAMP AND HEALTH AWARENESS RALLY**

Date : 25.09.2023

Time : 01:30PM

On 25th September 2023, the NSS (National Service Scheme) unit of VIPER College organized a Blood Donation Camp at VIPER and a Health Awareness Rally at Narasapur village. The event was a significant initiative aimed at promoting health, saving lives, and raising awareness about the importance of blood donation and healthy living.


A total of 70 NSS volunteers participated actively in both the camp and the rally. The Blood Donation Camp was set up in collaboration with local hospitals, where volunteers and students willingly donated blood. The camp was equipped with all necessary medical facilities, and a team of doctors and nurses ensured the safety of all donors. The initiative was well-received by the community, with several villagers also volunteering to donate blood.

Following the camp, a Health Awareness Rally was organized, where volunteers, staff members, and local residents walked through the village, distributing pamphlets and raising awareness about preventive healthcare, hygiene, and the benefits of a balanced diet and regular exercise. The rally also focused on the importance of regular health check-ups and healthy living habits.

The event concluded with a vote of thanks, highlighting the collective effort to promote health and well-being in the community. The Blood Donation Camp and Health Awareness Rally were a success, contributing positively to both public health and community spirit.

  
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**REPORT ON SHRAMDAAN FOR SWACHHATA HI SEVA**

Date : 01.10.2023

Time : 03:30PM

The NSS unit of our college organized a Shramdaan for Swachhata Hi Seva campaign in Tuljaraopet, as part of the nationwide cleanliness drive. A group of 10 dedicated NSS volunteers participated in the event, aiming to promote hygiene, cleanliness, and environmental responsibility within the community.

The volunteers began by cleaning various public spaces, including streets, parks, and school premises. They collected waste, cleared drains, and ensured that the area was free from litter. The volunteers also focused on spreading awareness about the importance of maintaining cleanliness and its direct impact on health and well-being. In addition to the physical cleaning work, the volunteers conducted a brief awareness session for the local residents, educating them on proper waste disposal, the benefits of recycling, and the role each individual plays in maintaining a clean environment. They also distributed pamphlets containing tips for maintaining cleanliness in daily life.

The event concluded with a collective pledge by the volunteers and villagers to continue working together for a cleaner, healthier environment. The Shramdaan for Swachhata Hi Seva initiative proved to be a valuable contribution to the community and reinforced the importance of cleanliness and sanitation in everyday life.



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### **REPORT ON WORLD MENTAL HEALTH DAY**

Date : 10.10.2023

Time : 03:30PM

On 10th October 2023, VIPER College observed World Mental Health Day with the aim of raising awareness about mental health issues and promoting the importance of mental well-being. A group of 10 NSS volunteers actively participated in organizing the event, which was designed to engage both students and faculty members in discussions surrounding mental health.

The event began with an awareness session, where volunteers, along with a guest speaker from the mental health field, shared valuable insights on common mental health challenges faced by individuals, especially students. Topics like stress management, the importance of work-life balance, and coping mechanisms for mental health were discussed in detail. The speaker emphasized the need for seeking professional help when required and encouraged students to break the stigma surrounding mental health. Following the session, the NSS volunteers distributed informative brochures and posters around the campus, providing tips on maintaining mental health and offering resources for counseling services. A short mindfulness and relaxation session was also conducted, where students were guided through simple breathing exercises to help reduce stress.

The event concluded with a pledge by all attendees to prioritize mental health and support one another in maintaining emotional well-being.

  
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### **REPORT ON MERI MAATI MERA DESH CAMPAIGN**

Date : 13.10.2023

Time : 03:30PM

On 13th October 2023, VIPER College participated in the Meri Maati Mera Desh campaign, a nationwide initiative aimed at honoring the country's soil, promoting patriotism, and emphasizing the importance of environmental conservation. The event was organized by the NSS (National Service Scheme) unit, with the active participation of 10 volunteers.

The program began with a brief introduction about the significance of the campaign, which focuses on the bond between the people and the land they call home. The volunteers, along with faculty members, took part in planting saplings around the college campus as a symbol of nurturing the nation's growth and future. This initiative also aimed to raise awareness about the importance of environmental sustainability and conservation for the well-being of future generations.

In addition to the planting activity, the volunteers organized a cleanliness drive in the college vicinity, ensuring that the campus and surrounding areas remained clean and green. They also distributed pamphlets about soil preservation, waste management, and the significance of maintaining a healthy environment. The event concluded with a pledge to protect the environment and work towards the betterment of the nation.

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### **REPORT ON INNOVATION DAY CELEBRATION**

Date : 17.10.2023

Time : 03:30PM

On 17th October 2023, VIPER College hosted Innovation Day to celebrate creativity, problem-solving, and the spirit of innovation among students. The event was organized by the NSS unit, with 20 dedicated NSS volunteers playing a key role in making the day a success.

The day began with an inspiring address by the Principal, Dr. A. Ramesh, who emphasized the importance of innovation in driving progress and solving real-world challenges. He encouraged students to think critically and explore new ideas, stressing that innovation is not just about technology but also about finding creative solutions in everyday life.

Following the speech, the NSS volunteers facilitated various activities, including a technology demonstration, where students showcased innovative projects and prototypes they had developed. These ranged from eco-friendly solutions to digital applications designed to simplify everyday tasks. The volunteers also organized brainstorming sessions, where students collaborated in groups to come up with innovative ideas addressing societal issues such as waste management, renewable energy, and education. The event was filled with discussions, presentations, and hands-on activities that sparked curiosity and fostered a culture of innovation among the students. Innovation Day at VIPER was a remarkable success, inspiring students to think outside the box and pursue their ideas with passion and purpose.

  
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**REPORT ON NATIONAL UNITY DAY (RASHTRIYA EKTA DIWAS)**

Date : 31.10.2023

Time : 03:30PM

On 31st October 2023, VIPER College celebrated National Unity Day (Rashtriya Ekta Diwas) to mark the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India, who played a pivotal role in unifying the country post-independence. The celebration was organized by the NSS unit, with 30 dedicated volunteers actively participating in the event.

The day commenced with a Unity Pledge, where students, faculty members, and NSS volunteers took an oath to uphold national unity, integrity, and security. The pledge emphasized the importance of fostering a spirit of brotherhood among the diverse communities of India.

Following the pledge, the volunteers organized a series of activities, including a unity walk around the campus, symbolizing the strength of India's unity. Principal Dr. A. Ramesh addressed the gathering, stressing the need for unity in maintaining peace and prosperity in the country.

The event concluded with a vote of thanks, leaving the participants with a renewed sense of patriotism and commitment to national unity.



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### **REPORT ON AWARENESS PROGRAM ON VIPASSANA MEDITATION**

Date : 06.11.2023

Time : 01:30PM

On 6th November 2023, VIPER College organized an awareness session on Vipassana Meditation, aimed at promoting mental well-being, inner peace, and mindfulness among students. The event, organized by the NSS unit, saw the active participation of 60 NSS volunteers, along with faculty members and students.

The program began with an introduction to Vipassana, one of the oldest forms of meditation, by an experienced meditation practitioner invited as the guest speaker. The speaker explained the core principles of Vipassana, including self-awareness, mindfulness, and the importance of observing one's thoughts and feelings without attachment or judgment. He also discussed the numerous benefits of meditation, such as stress reduction, emotional regulation, and improved concentration.

Following the lecture, the NSS volunteers participated in a short guided meditation session, allowing them to experience the practice firsthand. The session focused on breathing exercises and cultivating present-moment awareness. The event concluded with a discussion on how regular meditation practice could enhance students' academic performance and overall mental health. The volunteers and students expressed their interest in incorporating Vipassana into their daily routines for better emotional and psychological balance.

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**REPORT ON WORLD CANCER AWARENESS DAY**

Date : 07.11.2023

Time : 03:30PM

On 7th November 2023, VIPER College observed World Cancer Awareness Day to raise awareness about cancer prevention, early detection, and treatment. The event was organized by the NSS unit with the active participation of 10 dedicated NSS volunteers.

The program began with a session on the importance of cancer awareness, focusing on the various types of cancer, their risk factors, and the significance of early detection. A guest speaker, a medical expert in oncology, delivered an informative talk, explaining how lifestyle changes, regular screenings, and early intervention could greatly reduce the risk of cancer. The speaker also addressed myths and misconceptions surrounding the disease, urging students to stay informed and share accurate information within their communities.

The event concluded with a pledge to support cancer patients, spread awareness, and take preventive measures. The celebration of World Cancer Awareness Day at VIPER was a successful initiative, leaving a lasting impact on students and faculty members about the importance of cancer awareness and prevention.



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**REPORT ON VOTING PLEDGE**

Date : 18.11.2023

Time : 01:30PM


On 18th November 2023, VIPER College organized a Voting Pledge Ceremony to promote voter awareness and encourage active participation in the democratic process. The event was attended by 100 students, staff members, and NSS volunteers. The Chief Guest for the occasion was the District Collector of Narsapur, Medak, who graced the event with his presence and insightful address.

The ceremony began with a formal welcome and introduction, followed by a powerful speech from the District Collector. He emphasized the significance of voting as a fundamental right and the responsibility of every citizen to contribute to shaping the future of the nation. He encouraged the students to use their voting power responsibly and urged them to inspire others to vote in upcoming elections. After the speech, all attendees, including the Chief Guest, took a collective Voting Pledge, committing to cast their votes in future elections and promote voter awareness in their communities. The pledge reinforced the importance of informed voting and participating in the electoral process as responsible citizens.

The event concluded with a vote of thanks, and the Chief Guest's presence left a lasting impact on the students, motivating them to actively engage in the democratic process. The Voting Pledge Ceremony at VIPER was a successful initiative, inspiring the youth to be responsible voters.



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**REPORT ON MEDICAL CAMP AT AVANCHA VILLAGE**

Date : 22.11.2023

Time : 01:30PM

On 22nd November 2023, VIPER College organized a Medical Camp at Avancha Village as part of its ongoing community service initiatives. The camp aimed to provide free health check-ups, raise awareness about common health issues, and offer basic medical assistance to the villagers. A total of 50 NSS volunteers, along with faculty members and students, actively participated in organizing and running the camp.

The medical camp was set up in the village community hall, where local residents were invited to receive general health check-ups, including blood pressure measurement, blood sugar testing, and consultations with doctors. A team of qualified doctors, nurses, and medical professionals volunteered their services to ensure that the villagers received proper care and advice. In addition to medical check-ups, volunteers distributed free medicines and provided health education materials about hygiene, nutrition, and preventive healthcare.

The NSS volunteers played a crucial role in the smooth running of the camp by assisting with registrations, guiding the villagers, and managing the crowd. They also interacted with the villagers to raise awareness about the importance of regular health check-ups and healthy living. The camp was a great success, with many villagers benefiting from the services provided. The event reinforced the importance of health and wellness in rural communities and highlighted the role of students in contributing to society.



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**REPORT ON PATIENT COUNSELING PROGRAM**

Date : 23.11.2023

Time : 01:30PM

On 23rd November 2023, a Patient Counseling Program was organized by the NSS unit of VIPER College at the Government Hospital, Narsapur. The initiative aimed to provide emotional and psychological support to patients undergoing treatment and to educate them about managing their health conditions. A group of 10 NSS volunteers, along with hospital staff, actively participated in the event.

The program focused on helping patients understand their medical conditions better and offering them guidance on managing their treatment plans effectively. The volunteers, under the supervision of hospital counselors, engaged with patients to discuss their concerns, provide information about medications, and emphasize the importance of adherence to prescribed treatments. The counseling also addressed mental health aspects, helping patients cope with the emotional stress associated with illness.

The program was well-received by the hospital staff and patients, providing much-needed support to those facing health challenges. The NSS volunteers expressed their commitment to continuing such initiatives, contributing to the overall well-being of the community.

  
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### **REPORT ON DISEASE AWARENESS PROGRAM**

Date : 24.11.2023

Time : 01:30PM

The NSS unit of VIPER College organized a Disease Awareness Program at the Girls Government School, Narsapur. The event aimed to educate young students about common diseases, their prevention, and the importance of maintaining proper hygiene. A team of 10 NSS volunteers actively participated in the program alongside school staff.

The session began with an introduction to basic hygiene practices and the importance of preventing infectious diseases such as malaria, dengue, and seasonal flu. The volunteers, guided by medical professionals, explained how diseases spread and the simple steps that can be taken to prevent them, such as hand washing, maintaining cleanliness, and avoiding mosquito bites.

The volunteers also conducted interactive activities, such as quizzes and discussions, to ensure that the students understood the key points. The students were encouraged to share their knowledge with their families and communities, helping to spread awareness about disease prevention. The program was a success, empowering the students with vital health knowledge and encouraging them to adopt healthy practices.

  
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**REPORT ON AWARENESS PROGRAM ON CARDIO-PULMONARY RESUSCITATION (CPR)**

Date : 06.12.2023

Time : 03:30PM

VIPER College organized an Awareness Program on Cardio-Pulmonary Resuscitation (CPR), aimed at educating students and staff about the life-saving technique. The event was coordinated by the NSS unit, with 20 NSS volunteers actively involved in the session.

The program began with an informative talk by a certified CPR trainer, who explained the importance of CPR in emergencies, particularly in cases of cardiac arrest or respiratory failure. The trainer demonstrated the steps of CPR, emphasizing the correct techniques for chest compressions, rescue breaths, and when to seek medical help. Following the demonstration, the volunteers helped organize a practical session, where students and staff were given the opportunity to practice CPR techniques on mannequins under the trainer's supervision. This hands-on experience allowed participants to gain confidence in performing CPR in case of an emergency.

The event concluded with a discussion on the significance of CPR in saving lives and how everyone should be prepared to act in critical situations. The NSS volunteers also distributed pamphlets detailing CPR procedures and emergency contact numbers.

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**REPORT ON NATIONAL YOUTH DAY CELEBRATION**

Date : 12.01.2024

Time : 03:30PM

On 12th January 2024, VIPER College celebrated National Youth Day to honor the birth anniversary of Swami Vivekananda, a visionary leader and a source of inspiration for the youth of India. The event was organized by the NSS unit, with the active participation of 20 NSS volunteers.

The celebration began with a prayer and a speech by the Principal, Dr. A. Ramesh, who highlighted Swami Vivekananda's teachings on self-reliance, social service, and the importance of empowering the youth to lead the nation toward progress. He encouraged students to embrace Vivekananda's message of Arise, awake, and stop not till the goal is reached.

The volunteers organized a series of activities, including a drawing competition and essay writing competition. The activities were designed to motivate the students to harness their potential and contribute to society in meaningful ways.



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### **REPORT ON REPUBLIC DAY CELEBRATION**

Date : 26.01.2024

Time : 08:30AM


On 26th January 2024, VIPER College celebrated Republic Day with great enthusiasm and patriotism, marking the 75th anniversary of the adoption of the Indian Constitution. The event was organized by the NSS unit, with 30 dedicated NSS volunteers playing an active role in the celebrations.

The day began with the hoisting of the national flag by the Principal, Dr. A. Ramesh, followed by the National Anthem. The atmosphere was filled with pride as students, staff, and volunteers gathered to honor the significance of the day. Dr. Ramesh delivered a speech emphasizing the importance of Republic Day in India's history and the values of equality, justice, and liberty enshrined in the Constitution. He urged the students to contribute towards building a progressive and inclusive nation. Following the flag hoisting ceremony, the volunteers organized a patriotic cultural program, which included dance performances, songs, and skits that celebrated India's diversity and unity. A unity walk was also conducted within the campus, symbolizing the strength of the nation's diversity.

The event concluded with a vote of thanks, and the students were encouraged to carry forward the ideals of the Republic Day in their daily lives. The celebration at VIPER was a memorable occasion, instilling a sense of patriotism and national pride among all participants.

  
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### **REPORT ON WOMEN'S CELEBRATION**

Date : 08.03.2024

Time : 01:30PM

On 8th March 2024, VIPER College celebrated International Women's Day with great enthusiasm and respect, honoring the achievements and contributions of women in society. The event, organized by the college's staff and students, aimed to highlight the importance of gender equality, empowerment, and the progress women have made in various fields.

The celebration began with a special address by the Principal, Dr. A. Ramesh, who spoke about the significance of Women's Day and the need for continued efforts to achieve gender equality. He emphasized the importance of empowering women through education and social support, encouraging both men and women to work together in building a more inclusive society. A series of cultural performances followed, including dance, poetry recitations, and skits, which highlighted the various roles women play in shaping the world. Students also presented stories of inspiring women from history and contemporary society who have made a significant impact in their respective fields.

The event also included an interactive session, where staff members and students shared their thoughts on gender equality and the steps needed to create a more equal and supportive environment for women. The celebration concluded with a vote of thanks and a renewed commitment to advocating for women's rights and empowerment.



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### **REPORT ON CLEAN CAMPUS DRIVE & BLOOD DONATION CAMP**

Date : 15.04.2024

Time : 10:00AM

On 15th April 2024, the NSS unit of VIPER College participated in a Clean Campus Drive and a Blood Donation Camp organized JNTUH. A group of 10 dedicated NSS volunteers actively contributed to these community service initiatives; aimed at promoting hygiene and saving lives.

The Clean Campus Drive was conducted across the JNTUH campus, where volunteers worked diligently to clean public areas, classrooms, and corridors. They collected waste, cleared trash, and focused on promoting the importance of waste segregation and maintaining cleanliness. Volunteers also distributed informational pamphlets encouraging students and staff to adopt sustainable practices and reduce their environmental footprint.

Simultaneously, the Blood Donation Camp was set up in collaboration with local hospitals. Volunteers helped with registrations, guided donors, and ensured the smooth operation of the camp. A large number of students, faculty, and staff participated in the camp, contributing to the much-needed blood supply. Both initiatives were well-received by the campus community. The Clean Campus Drive instilled a sense of responsibility toward the environment, while the Blood Donation Camp highlighted the importance of voluntary blood donation in saving lives. The event successfully reinforced the NSS values of service, health, and community welfare.

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